The Department of Psychology

Undergraduate Course

Programme Outcomes

Undergraduate Psychology Program Semester-wise Course Curricula Subject prerequisites: Open to all. Program Outcome (After 3 Years) The learning outcomes that a student should be able to exhibit on completion of a degree level program in Psychology are as follows:

(i)   Comprehension about the discipline, its research methods, related theories and models.

(ii)   Knack to link up theory with individual experiences and varied applied settings.

(iii)   Capacity to practice professional skills in the area of psychological testing, assessment and counseling.

(iv)   Development of skills in specific areas related to specific specialization (e.g. psychodiagnostics, counseling, learning disability, health, community mental health and organizational behavior).

(v)   A general understanding about how knowledge of psychology can be applied to benefit the management and/or amendment of problems of mankind.

(vi)   Capability to articulate ideas in appropriate manner, with scientific writing and authentic reporting.

(vii)   Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues.

(viii) Development of skills and attributes of empathy, team work, coordination, cooperation, conflict resolution, and congruence.

Undergraduate Course

Course Outcomes

Semester I

Paper 1 -Theory

Program/Class: Certificate Year

Course Code: A090101T

Course Title: Basic Psychological Processes

Course Outcome:

- ➢ **The students will learn about the fundamental processes and core psychological concepts, models, classical theories, varied perspectives, and will be able to apply them in their own and in others lives.**
- ➢ **It will also give the learner a clear understanding of the concepts like intelligence, motivation, emotion and personality.**
- ➢ **It will develop critical analytical skills regarding these individualistic traits.**

Semester II

Paper 1- Theory

Program/Class: Certificate Year

Course Code: A090201T

Course Title: Basic Research Methodology and Statistics

Course Outcome:

- ➢ **The learners will be able to comprehend psychological data and can put them on appropriate scaling method.**
- ➢ **Moreover, they will be getting hold of essentials of psychological testing along with various kinds of tests implemented.**

Paper 1- Theory

Program/Class: Diploma Year

Course Code: A090301T

Course Title: Psychology of Social Behavior

Course Outcome:

➢ **By the end of the course, students will be able to summarize general information, through in-class discussion and assignments, pertaining to social psychological theories and an opportunity to apply social psychological theories to their lives.**
➢ **Critically evaluate research to understand and explain distressing human social behavior and relate social psychological concepts and theories to the context of historic and current world, national, and local events.**

Semester IV

Paper 1- Theory

Program/Class: Diploma Year

Course Code: A090401T

Course Title: Abnormal Psychology

Course Outcome:

➢ **The students will be able to understand criteria of abnormality and one's own behavior and behavior of others.**
➢ **By applying the knowledge of assessment, diagnosis, classification system and DSM categories, the learners' will develop the sensitivity towards individual diversity and various approaches to the diagnosis and treatment of psychological disorders.**
➢ **Summarize clinical features of symptoms, etiology and valid and reliable treatment of diagnostic categories of mental health disorders.**

Paper 1- Theory

Program/Class: Degree Year

Course Code: A090501T

Course Title: Life Span Human Development

Course Outcome:

At the end of the course, the student will able to develop an ability to identify the milestones in diverse domains of human developments across the child, adolescent and adulthood stages, understand the contributions of socio-cultural context toward shaping human development and acquire an ability to decipher key developmental challenges and issues.

Paper 2- Theory

Program/Class: Degree Year:

Course Code: A090502T

Course Title: Positive Psychology

Course Outcome:

- ➢ **By the end of the course, the students will be able to understand the basic principles of positive psychology, the major areas within positive psychology that have received a considerable amount of attention, the use of positive psychology tools and techniques in own and in other's life.**
- ➢ **It will also ease the understanding of positive aspects of human behavior through the wisdom embedded in Indian scriptures like Vedas, Upnishad, Shrimad Bhagwad Gita, Buddhist literature and folk tales.**

Semester VI

Paper 1-Theory

Program/Class: Degree Year

Course Code: A090601T

Course Title: Community and Health Psychology

Course Outcome:

At the end of the course the student will be able to recognize that individuals relate to their communities and the reciprocal effect of communities on individuals and will be able to understand and resolve community issues, analyze the data, and recommend interventions that promote community wellness.

Moreover, they will able to use the psychological theories on health-related practices and will able to examine persons' health history and describe and enact a positive, proactive attitude toward healthy living for oneself and others.

Paper 2 -Theory

Program/Class: Degree Year

Course Code: A090602T

Course Title: Counseling Psychology

Course Outcome:

At the end of the paper, students will able to understand how to establish rapport and use various approaches in counseling. They will learn how to establish therapeutic relationships, conduct assessments, apply interventions, and handle crises. Emphasis is placed on developing cultural competence, self-awareness, and emotional regulation, essential for effective practice. Students will also explore research methods in counseling, ensuring evidence-based approaches.